

EXPERIENCING ACUTE PAIN? CONSIDER TALKING TO YOUR DOCTOR ABOUT WHAT'S NEXT.



The following content is not meant to replace conversations with your doctor, be misconstrued as medical advice, and should not limit conversations with your doctor. Talk to your doctor if you have any questions or confusion about the information shared.

EXPERIENCING ACUTE PAIN

Are you experiencing acute pain? If so, consider asking your doctor the following questions to help determine the next steps for your pain management.

If this is a medical emergency, please dial 911 immediately or go to the nearest emergency room.


What to expect from my acute pain


1. In terms of my recovery, what might I expect regarding pain?
2. What medications can help me manage my acute pain?
3. How long will I require pain management?
4. Are there differences in recovery time between the medications?


About my acute pain medication

1. What are some options to help manage my acute pain, including nonopioid options, if any?
2. What are the differences between the options, including opioids and nonopioids?
3. What level of pain relief might I expect with this medication?
4. What are the potential long- and short-term side effects of the medication you're prescribing?
5. What should I do if I experience side effects from the prescribed medication?
6. Will I need to adjust my current medication regimen while taking this medication?
7. Will this medication have any impact on my daily activities and long-term health?

THREE SUGGESTIONS TO CONSIDER BEFORE YOUR APPOINTMENT

 **Advocate for yourself**
Express your concerns and don't hesitate to seek second opinions when necessary.

 **Take notes**
Print and bring this guide to your next appointment and use the area below to jot down notes. It can be hard to remember everything.

 **Get clarity**
Ask follow-up questions when you don't understand something. If you forget to ask a question during the appointment, call and leave a message following up on your concern.

TALK TO YOUR DOCTOR ABOUT WHAT TO EXPECT FROM YOUR ACUTE PAIN.

NOTES:

This information is for educational purposes only. It is not intended to replace discussions with a doctor. All decisions regarding patient care must be made with a doctor, considering the unique characteristics of the patient.

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